FOR IMMEDIATE RELEASE [MAY 8TH, 2012]

indi go Artist Co-Op Shannon Beck 217-649-5508 9 East University Ave. Champaign, Il 61820 http://www.indi-go-art.com

FREE YOGA CLASS TO KICK OFF SUMMER SESSION AT INDI GO

Join indi go for the beginning of Summer Session for indi YogA! Wednesday, May 8th at 7pm, this class will be FREE and open to the public. A great way to improve your flexibility, increase strength, and relieve stress, this class is open to all skill levels. We have extra mats. Come do yoga in a friendly, nonjudgmental, accepting environment - indi go Artist Co-Op!

This class will continue Wednesdays at 7pm throughout the summer at the price of \$10 for adults and \$8 for students. 5 class passes will be available at \$45 dollars for adults and \$40 for students. These passes never expire and the classes don't need to be done consecutively!

Classes will be taught in a variety of styles by rotating certified yoga teachers: Corrie Proksa, Rebekah Deter, Jim Rector, and Amanda Reagan. Join the "indi YogA" facebook group to stay informed about promotions, who is teaching the class, and (rare) class cancellations!

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indi go Artist Co-Op was opened in April 2009 under the belief that "Visual Space Has Essentially No Owner". It operates as a gallery, music venue, and performance space for artists, musicians, and performers in the Champaign-Urbana area. For more information please visit indi-go-art.com.