

Contact: Melany Jackson FOR IMMEDIATE RELEASE Phone: 217-480-5820 June 13, 2013

Email: melany@cuathome.us

ONE SUMMER DAY GROCERY CART WALK

- What if you had to carry around everything you own with you each day?
- What if you had no idea where you were going to sleep tonight?
- What if even your last bit of hope was gone?

You can make a difference in someone's life. You can help us help them on the road to change, on their journey of hope and healing.

Get your family together and join us for the **C-U at Home One Summer Day**, **Taking Steps to Fight Homelessness**. It's **Saturday**, **June 29**, from **9-11am** at Hessel Park. The first 50 people to register to walk will be given a **grocery cart** to push as they walk. Others are encouraged to bring strollers, bicycles, or wagons to join in the walk.

This year our goal for One Summer Day is to raise at least \$20,000 for professional case management for our residents. So, we need at least 200 walkers to raise \$100 each. This is the next step in offering the most vulnerable homeless residents the support they most need, a trained professional social worker to develop a personal care plan with each resident and continue to meet with them on a weekly basis.

Both **individuals and groups** are encouraged to register to join in the walk. Co-workers, churches, families, and clubs can join together to take steps against homelessness and get a bit of exercise, all while raising awareness at One Summer Day. We will also be collecting five different donated items that will be divided between several **participating agencies** that help the homeless.

Socks : Deodorant : Razors : Laundry Detergent : Fresh Produce

Each agency will have a representative and their information at the event to raise awareness of the services available for our area homeless. Online registration and additional information can be found at: www.cuathome.us.